

Schedule of Events in Athletics

April 11, 2010 - Opening Ceremony Palarong Pambansa 2010

April 12, 2010 (AM) DAY 1 - MONDAY

TIME	EVENT NO.	EVENT	TEAM	LEVEL
6:00AM 6:30	1	Javelin Throw	Secondary Girls	F
	2	Long Jump	Secondary Boys	F
	3 Spl. Game 01	Long Jump	MC 16-Above	F
	4	110 M. Hurdles	Secondary Boys	TT
	5	110 M. Hurdles	Elementary Boys	TT
	6	100 M. Hurdles	Secondary Girls	TT
	7	100 M. Hurdles	Elementary Girls	TT
	8 Spl. Game 02	50 M	V.I. 15-Below (B & G)	F
	9 Spl. Game 03	100 M	MC 15-Below (B & G)	F
	10	Shotput	Secondary Boys	F
2:00PM 3:00	11	Triple Jump	Elementary Boys	F
	12 Spl. Game 04	Shot Put	MC 15 - Below (B & G) & OH 15-Below	F
	13	Shot Put	Elementary Girls	F
	14	100 M	Secondary Girls	TT
	15	100 M	Secondary Boys	TT
	16	100 M	Elementary Girls	TT
	17	100 M	Elementary Boys	TT
	18 Spl. Game 05	100 M	MC 16 - Above (B & G)	F
	19	Triple Jump	Secondary Boys	F
	20	800 M	Elementary Boys	TT
	21	800 M	Elementary Girls	TT
	22	800 M	Secondary Boys	TT
	23	800 M	Secondary Girls	TT

April 13, 2010 (AM) DAY 2 - TUESDAY

6:00AM 6:30	24	Javelin Throw	Secondary Boys	F
	25	Long Jump	Secondary Girls	F
	26	Discus Throw	Elementary Boys	F
	27	400 M. Hurdles	Elementary Girls	TT
	28	400 M. Hurdles	Secondary Girls	TT
	29	Triple Jump	Elementary Girls	F
	30	400 M. Hurdles	Elementary Boys	TT
	31	400 M. Hurdles	Secondary Boys	TT
	32 Spl. Game 06	200 M	MC 16 - Above (B & G)	F
	33 Spl. Game 07	100 M	V.I. (B & G) 16-Above	F
2:00PM 3:00	34	Shot Put	Secondary Girls	F
	35	Long Jump	Elementary Boys	F
	36 Spl. Game 08	Long Jump	V.I. & MC 15 - Below (B & G)	F
	37	400 M	Elementary Boys	TT
	38	400 M	Secondary Boys	TT
	39	400 M	Elementary Girls	TT
	40	400 M	Secondary Girls	TT
	41 Spl. Game 09	400 M	MC 15 -Below & 16 - Above (B & G)	F
	42	Triple Jump	Secondary Girls	F
	43	3000 M Steeple Chase	Secondary Boys	F

April 14, 2010 (AM) Day 3 - WEDNESDAY

6:00AM 6:30	44	Javelin throw	Elementary Girls	F
	45 Spl. Game 10	Goal Ball	V.I.	F
	46	Discus Throw	Secondary Boys	F
	47	Long Jump	Elementary Girls	F
	48	400 M. Hurdles	Secondary Boys	F
	49	400 M. Hurdles	Elementary Boys	F
	50	400 M. Hurdles	Secondary Girls	F
	51	400 M. Hurdles	Elementary Girls	F
	52	200 M	Elementary Boys	TT
	53	200 M	Secondary Boys	TT
	54	200 M	Elementary Girls	TT
	55	200 M	Secondary Girls	TT
	56 Spl. Game 11	200 M	MC 15 - Below (B & G)	F
	57 Spl. Game 12	4 x 100 M Relay	MC 16 - Above (B & G)	F
2:00PM 3:00	58	High Jump	Secondary Boys	F
	59	Shotput	Elementary Boys	F
	60 Spl. Game 13	Shotput	V.I. & MC 16 - Above (B & G)	F
	61	100 M	Elementary Boys	F
	62	100 M	Secondary Boys	F
	63	100 M	Elementary Girls	F
	64	100 M	Secondary Girls	F
	65	800 M	Elementary Boys	F
	66	800 M	Secondary Boys	F
	67	800 M	Elementary Girls	F
	68	800 M	Secondary Girls	F
	69 Spl. Game 14	4 x 100 M Relay	MC 15 - Below (B & G)	F

April 15, 2010 (AM) Day 4 - THURSDAY

6:00AM 6:30	70	Javelin Throw	Elementary Boys	F
	71	High Jump	Elementary Girls	F
	72	5000 M	Secondary Boys	F
	73	100 M Hurdles	Elementary Girls	F
	74	100 M Hurdles	Secondary Girls	F
	75	110 M Hurdles	Elementary Boys	F
	76	110 M Hurdles	Secondary Boys	F
	77	400 M	Elementary Girls	F
	78	400 M	Secondary Girls	F
	79	400 M	Elementary Boys	F
	80	400 M	Secondary Boys	F
2:00PM 3:00	81 Spl. Game 15	Boccia/Bocce	MC (B & G)	F
	82	High Jump	Secondary Girls	F
	83	Discuss Throw	Elementary Girls	F
	84	4 x 100 M Relay	Elementary Boys	TT
	85	4 x 100 M Relay	Secondary Boys	TT
	86	4 x 100 M Relay	Elementary Girls	TT
	87	4 x 100 M Relay	Secondary Girls	TT
	88	1500 M	Elementary Boys	F
	89	1500 M	Secondary Boys	F
	90	1500 M	Elementary Girls	F
	91	1500 M	Secondary Girls	F

April 16, 2010 (AM) Day 5 - FRIDAY

6:00AM 6:30	92	High Jump	Elementary Boys	F
	93	Discus Throw	Secondary Girls	F
	94	3000 M	Secondary Girls	F
	95	200 M	Elementary Boys	F
	96	200 M	Secondary Boys	F
	97	200 M	Elementary Girls	F
	98	200 M	Secondary Girls	F
	99	4 x 400 M Relay	Elementary Boys	TT
	100	4 x 400 M Relay	Secondary Boys	TT
	101	4 x 400 M Relay	Elementary Girls	TT
	102	4 x 400 M Relay	Secondary Girls	TT
2:00PM 3:00	103	Pole Vault	Secondary Boys	F
	104	4 x 100 M Relay	Elementary Boys	F
	105	4 x 100 M Relay	Secondary Boys	F
	106	4 x 100 M Relay	Elementary Girls	F
	107	4 x 100 M Relay	Secondary Girls	F
	108	4 x 100 M Relay	Elementary Boys	F
	109	4 x 100 M Relay	Secondary Boys	F
	110	4 x 100 M Relay	Elementary Girls	F
	111	4 x 100 M Relay	Secondary Girls	F

Prepared by:
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